



OFFICIAL MEDICAL CENTRE

# 5<sup>th</sup> ECOSEP Congress European College of Sports & Exercise Physicians

with

## FIFA Update

### Environment, Gender and Ethnicity in Football Medicine

# 9 & 10 December, 2017 Dubai, UAE

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Yacine Zerguini, MD

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# Faculty

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**Dr. Xavier Valle**  
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Medical Team, FC Barcelona

**Dr. Luis Till**  
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Consultant MSK Radiologist  
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**Dr. Amir Pakravan**  
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**Dr. Yacine Zerguini**  
Member FIFA Medical Committee  
FIFA-DO  
Algeria

**Dr. Gurshuran Singh**  
Member FIFA Medical Committee  
Chairman AFC Medical Committee  
Malaysia

**Dr. Michiko Dohe**  
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**Dr. Dawn Thompson**  
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**President Faculty of Sports  
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Orthopaedic Consultant  
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**Dr. Reema Al Hosani**  
Consultant Sport Medicine  
Deputy Chairman Medical Committee  
Football Federation UAE

## Agenda

### Saturday December 9<sup>th</sup>, 2017

08:00 - 09:00	Registration
09:00 - 10:00	Official Welcome Chair: Michel D'Hooghe, John King, Amer Sharif
10:00 - 11:15	<b>Session I: ECOSEP</b> <b>Sport Exercise Medicine across the World</b> Chair: John King, Yacine Zerguini
11:15 - 11:30	Coffee Break
11:30 - 13:00	<b>Session II: FIFA</b> <b>Environment in Football Medicine</b> Chair: Gurshuran Singh, Nikos Milliaropoulos Lunch, Refreshments, Commercial exhibition
13:00 - 14:00	Workshops registration 1. Laser 2. Hamstrings Rehabilitation 3. TMG2 4. ESWT 5. ECOSEP Juniors Doctors Committee 6. Stadium Emergencies (Pr Kramer FIFA)
14:00 - 15:30	<b>Session III: UAE Football Association</b> <b>Update on Football Medicine</b> Chair: Mustafa Al Hashemi, Heinz Lohrer
15:30 - 15:45	Coffee Break
15:45 - 17:30	<b>Main Amphitheater</b> <b>Session IV: ECOSEP,</b> <b>4<sup>th</sup> Exercise Induced Leg Pain Symposium</b> Chair: John King, Yacine Zerguini <b>Second Amphitheater</b> <b>Session V: Management of ACL Injury</b> Chair: Saeed Al Thani, Paulo Lobo
20:00	Official Congress Dinner

### Sunday December 10<sup>th</sup>, 2017

08:00 - 09:00	Workshops registration 7. Age Determination (Dr.Y.Zerguini, FIFA) 8. Spelt Laser Needle Workshop 9. Ultrasound Tendon Characterisation Scan 10. Fighting Inactivity Workshop (ECOSEP) 11. American Medical Society of Sports Medicine 12. Imaging Guided Injections
09:00 - 10:45	<b>Session VI: FIFA</b> <b>Gender &amp; Ethnics in Football Medicine</b> Chair: Michiko Dohi, Nat Padhiar
10:45 - 11:00	Coffee Break
11:00 - 12:45	<b>Session 5 ECOSEP &amp; FIFA</b> <b>Update on Muscle Injury</b> Chair: Stefano Della Villa, & Mourad Ghrairi Lunch, Refreshments, Commercial exhibition
13:00 - 14:00	<b>Main Amphitheater</b> <b>Session ECOSEP &amp; FIFA</b> <b>Wearable technology &amp; Sports Performance</b> Chair: Karim Khan, Xavi Valle
14:00 - 15:30	<b>Second Amphitheater</b> <b>Free Oral Presentations I</b> Chair: Akis Tzapralis, Reema Al Hosani
15:30 - 15:45	Coffee Break
15:45 - 17:00	<b>Session III: FIFA</b> <b>Team Physician challenges in 2018</b> Chair: Luis Till, Michel D'Hooghe <b>Second Amphitheater</b> <b>Free Oral Presentations II</b> Chair: Efraim Kramer, Yacub Al Hammadi
17:00 - 17:30	Take Home messages, Recommendations, Closure

## Registration (Applied for UAE Ministry of Health CME Points & FIFA Attendance Certificate)

Attendance Category	Registration Fees (until August 31 <sup>st</sup> , 2017)	Registration Fees (from September 1 <sup>st</sup> , 2017)
Physicians and Physiotherapists	US\$ 400	US\$ 500
ECOSEP Members Emirates Orthopaedics Society Members UAE Team Physicians & Physiotherapists	US\$ 300	US\$ 400
Students	US\$ 200	US\$ 250



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